

# 2010 WINTERFEST SNOWSHOE RACE



SUNDAY JANUARY 17th  
 5K JUNIOR RACE & 5K CITIZENS CLASS RACE  
 10K MEN'S AND WOMEN'S RACE  
 THIS EVENT SERVES AS BOTH A:  
 1. EMPIRE STATE GAMES DISTANCE QUALIFIER  
 2. NATIONAL SNOWSHOE RACE QUALIFIER



- Trail is mostly groomed. (more than our usual grooming) unless a huge dump happens Saturday night and we don't have time to groom. In which case times will be slow.
- Packet pickup and day of registration begins at 9:00am at the Cavalry lodge in Mendon Ponds park.
- Parking available at the corner of Pond and Douglas
- Junior race starts at 10:00am
- Citizens race at 10:15am.
- Men's & Women's 10K race starts at 11:00 am
- Warm food and beverage at end of race
- If no snow this will be a Trail run.
- NOTE: AGE IS AS OF DEC. 31,2010
- For more information visit [www.roadsharepoison.com](http://www.roadsharepoison.com)



Explanation between citizen 5K and men/women 10K: The 10K is a qualifier for the National race to be held in Syracuse, New York in March 2010. If you are not interested in going to the National race you can run either distance. The choice is yours. To qualify for Nationals you MUST be a member of USSSA.

Make checks payable: Tim Ratowski 1040 Macedon Center Rd Fairport, NY 14450  
**2010 WINTERFEST SNOWSHOE RACE Registration Form**

Sunday 1/17/2010  
 (circle event please)  
 5K Junior Race:                      5K Citizens Race                      10K Men's/Women's Race  
 \$8 registered by 1/8/2010  
 \$13 day of registration

Age Group  
 (Please circle)  
 19 & under  
 20-24  
 25-29  
 30-34  
 35-39  
 40-44  
 45-49  
 50-54  
 55-59  
 60-64  
 65-69  
 70+

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip code \_\_\_\_\_  
 Telephone Number \_\_\_\_\_ Email \_\_\_\_\_  
 Date of Birth \_\_\_\_\_ Age day of race \_\_\_\_\_ Sex \_\_\_\_\_

I know that participation in an event of this type is a hazardous activity. I fully understand that I or the person that I am responsible for, will be subjected to harsh environmental conditions, including but not limited to, unseasonably extreme temperatures, snow, ice, uneven terrain, rock, roots, trees and branches,, limited access for immediate medical assistance, as well as any other conditions that man and/ or mother nature may provide. I understand that there is the risk of sustaining bodily injury and even death. I certify that I or the person I am responsible for is of strong body and mind, and is truly capable of participating in this event. Therefore, I for myself or the person that I am responsible for release the race directors, the State of New York, Score This!!! event sponsors, and any other persons involved in this event from any liability that may be incurred by myself, or the person I am responsible for, as a result of my/his/her participation in this event. I understand that I or the person I am responsible for, will be responsible for any cost of emergency service that is required during this event. I understand that my entry fee is non-refundable.

Signature Required: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_ .

Signature Required: \_\_\_\_\_ Date: \_\_\_\_ / \_\_\_\_ / 20 \_\_\_\_ .  
 (If under 18, legal guardian's signature required)