

# RIB LAKE SNOWSHOE ADVENTURE RUN/WALK

The Rib Lake Snowshoe Adventure is a Qualifying event for the U.S. National Snowshoe Championship Series.

If you'd like to be eligible to qualify for the U.S. National Snowshoe Championship Series, you need to be a member of the United States Snowshoe Association. For more information, go to [www.snowshoeracing.com](http://www.snowshoeracing.com).

You **do not** need to join the USSSA to participate in the Rib Lake Snowshoe Adventure

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ Sex \_\_\_\_\_ 5K 10K

Telephone \_\_\_\_\_

E-mail \_\_\_\_\_

Team Name \_\_\_\_\_

Waiver: I will participate in the Rib Lake Snowshoe Adventure Run/Walk and thereby waive, release and dismiss all claims from damages and personal injury of which I may incur before, during or after the above names event, against any and all race officials involved. I also hold harmless the Town of Rib Lake and the establishment of Zondlo's Ballroom. I further certify that I am physically fit to participate in the Rib Lake Snowshoe Adventure Run/Walk.

Waiver signature of Participant (parent if under age 18)

Signature \_\_\_\_\_

Shirt size: S M L XL

## **DATES & TIMES**

Saturday, January 2, 2010

Registration: 9:00 a.m.

Registration closes: 10:45 a.m.

Race Start: 11:00 a.m.

## **LOCATION**

Registration and Awards Ceremony will be held at Zondlo's Ballroom at the intersection of Hwy 102 and Hwy C, 1 mile east of Rib Lake.

## **COURSE DESCRIPTION**

5K or 10K of beautiful rolling hills on the groomed ski trails of the Rib Lake Ski & Snowshoe Club trail system starting at the Rusch Preserve on Hwy C.

## **CONTACT INFORMATION**

Phone: 715-767-5105

E-mail: [info@skiriblake.com](mailto:info@skiriblake.com)

Website: [www.skiriblake.com](http://www.skiriblake.com)

## **THE COST**

\$18.00 Pre-register on or before December 13, 2009

\$20.00 after December 13, 2009

## **Make checks payable to:**

Rib Lake Ski & Snowshoe Club

## **Mail to:**

Rib Lake Snowshoe Adventure  
Todd Olson  
N739 Park Drive  
Ogema, WI 54459

## **AGE DIVISIONS**

Age group divisions for the 5K and the 10K race will be recognized. Age group divisions will be awarded 1<sup>st</sup> through 3<sup>rd</sup> place. You must be present at the awards ceremony to receive your award. Overall winners will not be eligible for individual awards.

## **NEW – TEAM DIVISION**

- 5 Persons per Team
- 5K Race Only
- Award to First Place Team
- Still eligible for Individual Awards

***MINIMUM SNOWSHOE SIZE IS 8x22 TO BE ELIGIBLE FOR AWARDS!***

## **PERKS**

After race lunch and refreshment available for purchase at Zondlo's Ballroom at the intersection of Hwy 102 and Hwy C, 1 mile east of Rib Lake.

100% Cotton long sleeve shirts will be guaranteed only to those who pre-registered. There may be extra shirts for race day registration on a first come first serve basis.

**Race results will be posted on [www.skiriblake.com](http://www.skiriblake.com)**

**Race will be held regardless of conditions!**