$_____ Bib #_____

Boulder Lake Ski Race & Snowshoe Stomp
January 15, 2012 - 11:00 a.m.

Copies are acceptable. Please Print Neatly.

Full Name_____ M: □ F: □
First MI Last

Address_____ City_____ State/Prov.____ Zip_____

Country_____ Phone#(____)_____ Age on 12/31/11_____ Birthday_____

Email_____ Team/Club_____

10.3K & 31K Skate (No tracks will be set for classic):

□ $30 Postmarked through 12/22/11
□ $35 Postmarked 12/23/11 - 1/09/12
□ $45 Postmarked 1/10/12 and after.
□ $55 8:00-10:00 am race day at venue.

Waves for ski race only (Your expected finish):

□ Top 20% wave
□ 20-50 percentile wave
□ 50+ percentile wave

4K Snowshoe Stomp:

□ $18 Postmarked through 1/3/12
□ $22 Postmarked 1/4/12 and after.
□ $25 8:00-10:00 am race day at venue.

8K Snowshoe Stomp (2 laps – USSSA qualif):

□ $20 Postmarked through 1/3/12
□ $25 Postmarked 1/4/12 and after.
□ $30 8:00-10:00 am race day at venue.

Distance: □10.3K Skate □31K Skate □4K Snowshoe □8K Snowshoe (USSSA)

ATHLETE'S RELEASE: ACKNOWLEDGEMENT AND ASSUMPTION OF RISK AND RELEASE

I,_____, know that nordic skiing and snowshoeing is an action sport carrying significant risk of serious personal injury, death or property damage. I also know that there are natural, mechanical and environmental conditions and risks which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to me or others.

I agree that I alone am responsible for: (a) my safety while participating in competitive events and/or training for competitive events and, (b) providing, utilizing and maintaining that equipment necessary for the safe enjoyment of my participation in such events and specifically acknowledge that the following persons or entities including Boulder Lake Ski Race LLC, Boulder Lake Management Area, Minnesota Power, Allete, United States Snowshoe Association, the promoters, the sponsors, the organizers, the officials and any agent, representative, officer, director, employee, volunteer, member or affiliate of any person or entity named above are not responsible for my safety. I specifically RELEASE and DISCHARGE, in advance, those parties from any and all liability whether known or unknown, even that liability which may arise out of negligence or carelessness on the part of the persons or entities mentioned above. I agree to accept all responsibility for the risks, conditions and hazards which may occur whether they now be known or unknown.

I further agree to forever HOLD HARMLESS and INDEMNIFY all person and entities identified above, generally and specifically, from any and all liability for death, personal injury or property damage, resulting in any way from my participating in competitive events or training for competitive events.

I currently have, and I agree to maintain throughout the time that I train and compete, valid and sufficient medical and accident insurance. I understand that it is my sole responsibility and release all persons and entities identified above from providing this coverage for me.

I understand that at this event I may be photographed. I agree to allow my photo, video or film likeness to be used for any legitimate purpose by the event holders, producers, sponsors, organizers and/or assigns.

I agree that I will accept and abide by the rules or regulations imposed by organizers. This Acknowledgement and Assumption of Risk and Release shall be binding upon my heirs and assigns.

SIGN HERE X _____ Date: _____

Name Printed: _____

(If athlete is less than 18 years of age, then the parent or legal guardian must sign below.)

This is to certify that, as a parent/legal guardian of this participant, I do consent to his/her agreement to be bound by each of the terms and conditions identified above.

Parent/Guardian Signature_____ Date: _____

Parent/Guardian Name Printed_____ Relationship: _____

MUST BE SIGNED & RETURNED WITH PAYMENT OR WILL NOT BE PROCESSED. NO REFUNDS. Course change and name transfer fee is $10 and must be mailed in 10 days prior to race. Director holds right to postpone or cancel race due to lack of snow and/or extreme weather circumstances. This decision can be made any time leading up to the race.

Please make all checks payable to: Boulder Lake Ski Race LLC. Mail to: PO Box 3141 Duluth MN 55803