

***Highland Forest Snowshoe  
5 & 10k Run/Walk  
Sunday, February 12, 2012  
Come Conquer the Trail!***



**Qualifier for Dion National Championship  
in Frisco, Colorado and Point Race for  
Dion Snowshoes Empire State  
Snowshoe Racing Series**

**Download Registration [www.bikeloft.com](http://www.bikeloft.com)**

**You can pre-register at Bike Loft East with cash or check  
or contact Chary Griffin at [chary@charygriffin.com](mailto:chary@charygriffin.com)**

**Packet pickup Friday at Bike Loft East  
Tops Plaza, Manlius Saturday, February 11, 2011**

**Door Prizes, Race Series Points,  
and an assortment of other unique prizes and finisher medallions.  
Limited loaner snowshoes available and rentals at Highland Park Lodge!**

**Outstanding Skyline Lodge amenities.  
Race features wooded forest trails, single track, groomed  
and ungroomed trails. Ideal for beginners  
and experienced snowshoers alike.**

**Those interested in qualifying for Nationals  
must join USSSA prior to racing.**

**You may join morning of race or online at  
[www.snowshoeracing.com](http://www.snowshoeracing.com)**

**Sponsored by Bike Loft East**