

2017



# U.S. National Snowshoe Championships



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## LOCATION:



MT. Bachelor Nordic Ski Center. Race courses will feature groomed trail, single track and perhaps sections of powder. For course maps and elevation profiles; [www.visitbend.com/snowshoe-nationals](http://www.visitbend.com/snowshoe-nationals) or visit [www.snowshoeracing.com](http://www.snowshoeracing.com).

Championships are presented by our friends at Visit Bend!



## REGISTRATION

Pre-register by using online registration or by filling out entry form and mailing it in with your entry fees to: Visit Bend, 750 NW Lava, Suite 160, Bend, OR 97701. To register online go to [www.visitbend.com/snowshoe-nationals](http://www.visitbend.com/snowshoe-nationals). Or, register race weekend at race site. Friday March 24th from 10am, Saturday March 25th from 7:30am or Sunday March 26th from 7:30am.

**INFORMATION** - *Qualifying for these events is NO LONGER REQUIRED.* Only current USSSA FULL Membership is needed to be eligible for the National Championship events. USSSA membership IS NOT required for Kid's Kilo, Snowshoe Team Relay and Citizen's 5km Run/Walk events. **Contact: Local Event Director Richard Bolt at [richardabolt@gmail.com](mailto:richardabolt@gmail.com) and 503-200-4940. Or, USSSA Sports Director: Mark Elmore at 518-420-6961, [ussasnowshoeguy@gmail.com](mailto:ussasnowshoeguy@gmail.com). Or visit either [www.visitbend.com/snowshoe-nationals](http://www.visitbend.com/snowshoe-nationals) or [www.snowshoeracing.com](http://www.snowshoeracing.com).**

## EVENTS

### Friday March 24th, 2017:

- 10:00am Course Preview & Registration.
- 6:00pm Athletes Reception at  
(Free for registered athletes)

### Saturday March 25th, 2017:

- 7:30am Check-in & Registration
- 9:00am Kid's Kilo Snowshoe Run/Walk
- 9:15am 5km Jr. Men's & Women's National Champ. AND Citizen's 5km Run/Walk events.
- 10:30am 10km Sr. Men's National Champ.
- 11:15am Kid's Kilo & Citizen's Awards Ceremony
- 12:00pm 10km Sr. Women's National Championship
- 4:00pm NC Awards Ceremony at Tower Theater
- 7:00pm "Bend Wide-Open" event in downtown Bend!



### Sunday March 26th, 2017:

- 7:30am Check-In & Registration
- 9:00am Half Marathon & Marathon Natl. Champ.
- 9:15am 4 x 2.5km Snowshoe Team Relay (Open)
- 11:00am Relay Awards Ceremony
- 1:00pm Half Marathon Awards Ceremony
- 2:00pm Marathon Awards Ceremony
- 6:00pm Championship Party at TBA

## AWARDS

Each National Championship participant will receive a long sleeve shirt. Ten National Champions will receive championship trophies. In the 5km/10km events, Top 3 men and women in each age group win medals. Juniors are divided into 2 age groups; 14 & younger and 15-19, age as of 12/31/17. Senior athletes (age as of 12/31/17) age groups are; 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+. The top 5 Senior and the top 3 Master men and women in the 10km event and the top 3 Junior boys and girls in the 5km event will make the 2017 U.S. National Snowshoe Team. Top 5-10 international men and women earn awards. Top 5 All-Military finishers earn medals. In Sunday's Half Marathon and marathon national champ., overall male and female winners receive Natl. Championship trophies. Top 3 finishers in Junior (Under 20), Open (20-39), Masters (40-49), Veterans (50-59), Seniors (60-69) and Super Seniors (70+) age groups win medals.



Photo by Daniel Maiella © Da



**2017 U.S. National  
Snowshoe  
Championships  
Entry Form**

**Saturday March 25th, 2017:**

- 9:00am Kid's Kilo Event
- 9:15am Jr. Men's & Women's 5km Natl. Championship & Citizen's 5km Run/Walk event - wave start.
- 10:30am Senior Men's 10km Natl. Champ.
- 11:15am Kid's Kilo & Citizen's Awards Ceremony at MT. Bachelor.
- 12:00pm Senior Women's 10km Natl. Champ.
- 4:00pm Awards Ceremony at Tower Theater
- 7:00pm "Bend Wide-Open" in downtown Bend!

**Sunday March 1st, 2015:**

- 9:00am Half Marathon & Marathon Natl. Champs.
- 9:15am **4 x 2.5km Snowshoe Team Relay**  
*(Relays - Register on race day only at race site)*
- 11:00am Relay Awards Ceremony
- 1:00pm Half Marathon Awards Ceremony
- 2:00pm Marathon Awards Ceremony
- 6:00pm Championship Party at TBA

**Entry Fees:**

1 Champ. Event (Jr. 5k, or Sr. 10k, HM or Mara.)	\$55.00
ADD a second NC event for only	\$10.00
Kid's Kilo	\$5.00
5km Citizen's Snowshoe Run/Walk	\$35.00
4 x 2.5km Snowshoe Team Relay	\$40.00/Team

All registered national snowshoe championship entrants will receive a long sleeve shirt, entry into prize raffle, entry to Friday night Reception, Bend Wide-Open and race entry. Citizens race registrants receive a long sleeve shirt (while supplies last), prize raffle, Friday Reception, Bend Wide-Open and race entry.

**NOTE: Entry fees increase for "Day-Of" registration.**

**2017 Dion Snowshoes Natl Snowshoe Champs. Entry Form** (This form may be duplicated)

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Male  Female

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

E-mail Address: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Adult T-Shirt Size: \_\_\_\_\_

Registration for;  Jr. 5km National Champ.,  Sr. 10km National Champ.,  Kid's Kilo,  
 5km Citizen's Snowshoe Run/Walk,  Half Marathon National Champ.,  Marathon National Champ. or  
 4 x 2.5km Snowshoe Team Relay

**Mail Entry Form with Entry Fees to:**

Visit Bend  
750 NW Lava  
Suite 160  
Bend, OR 97701

**Must be postmarked by March 17th, 2017**

**Make checks payable to:**

"Visit Bend"

**Agreement, Waiver, Release and Acknowledgements:** I know that running a snowshoe event is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, altitude, conditions of the course, all such risks being known and appreciated by me. I for myself and anyone entitled to act on my behalf, waive and release the U.S. Snowshoe Assoc. Inc., Visit Bend, Mount Bachelor Ski Resort and all sponsors and event staff from all claims or liabilities arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Legal guardian must sign if participant is under 18 yrs. of age: \_\_\_\_\_