

2018



# U.S. National Snowshoe Championships



## LOCATION: **Prospect**

### NEW RACE COURSES IN 2018!

Renowned race director Tim Van Orden is completely redesigning his awesome 2014 race courses to offer new thrills and challenges in 2018 at the Prospect Mountain Nordic Center in Woodford, VT. Race courses will feature groomed trail, single track, stadium sections and perhaps sections of powder. For course maps and elevation profiles visit [www.ussnowshoechampionships.com](http://www.ussnowshoechampionships.com).

### REGISTRATION

Pre-register by using online registration with RunReg.com or by filling out entry form and mailing it in with your entry fees to: Tim Van Orden, 958 South Stream Rd., Bennington, VT 05201. To register online go to [www.ussnowshoechampionships.com](http://www.ussnowshoechampionships.com) Or, register race weekend at race site. Friday March 9th from 10am, Saturday March 10th from 7:30am or Sunday March 11th from 7:30am.



**AWARDS** - Each National Championship participant will receive a long sleeve shirt. Ten National Champions will receive championship trophies. In the 5km/10km events, Top 3 men and women in each age group win medals. Juniors are divided into 2 age groups; 14 & younger and 15-19, age as of 12/31/18. Senior athletes (age as of 12/31/18) age groups are; 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+. The top 5 Senior and the top 3 Master men and women in the 10km event and the top 3 Junior boys and girls in the 5km event will make the 2018 U.S. National Snowshoe Team. Top 5-10 international men and women earn awards. Top 5 All-Military finishers earn medals. In Sunday's Half Marathon and marathon national champ., overall male and female winners receive Natl. Championship trophies. Top 3 finishers in Junior (Under 20), Open (20-39), Masters (40-49), Veterans (50-59), Seniors (60-69) and Super Seniors (70+) age groups win medals. Club/Team awards in Jr. 5km and Sr. 10km event.

### EVENTS

#### Friday March 9th, 2018:

10:00am Reg./Check-In at Bennington Center for the Arts.  
12:00pm Course Preview at Prospect Mountain.  
5:00pm Athletes Reception at Bennington Ctr. for the Arts.

#### Saturday March 10th, 2018:

7:30am Check-in & Registration at Prospect Mtn.  
9:00am Kid's Kilo Snowshoe Run/Walk  
9:15am 5km Jr. Men's & Women's National Champ. AND Citizen's 5km Run/Walk events.  
10:30am 10km Sr. Women's National Champ.  
11:15am Kid's Kilo & Citizen's Awards Ceremony  
12:00pm 10km Sr. Men's National Championship  
4:00pm NC Awards Ceremony at Prospect Mtn.  
6:00pm Bennington "Wide Open".

#### Sunday March 11th, 2018:

6:00am Check-In & Registration for Full Marathon.  
7:00am Start of Full Snowshoe Marathon NC event.  
7:30am Check-In & Reg. for Relay & HM NC events.  
9:00am Start of Half Marathon Natl. Champ. event  
9:15am Start of 4 x 2.5km Snowshoe Team Relay  
11:00am Relay Awards Ceremony  
1:00pm Half Marathon Awards Ceremony  
3:00pm Marathon Awards Ceremony

**INFORMATION - Qualifying for these events is NO LONGER REQUIRED.** Only current USSSA FULL Membership is needed to be eligible for the National Championship events. USSSA membership IS NOT required for Kid's Kilo, Snowshoe Team Relay and Citizen's 5km Run/Walk events. Contact: Local Event Director Tim Van Orden at [ussnowshoechampionships.com](http://ussnowshoechampionships.com) and 802-681-5956. Or, USSSA Sports Director: Mark Elmore at 518-420-6961, [ussasnowshoeguy@gmail.com](mailto:ussasnowshoeguy@gmail.com). Or visit either [www.ussnowshoechampionships.com](http://www.ussnowshoechampionships.com) or [www.snowshoeracing.com](http://www.snowshoeracing.com).



Photo by Skye Marthaler



## 2018 U.S. National Snowshoe Championships **ENTRY FORM**

### **Entry Fees:**

1 Champ. Event (Jr. 5k, or Sr. 10k, HM or Mara.)  
 \$40 until Dec. 31, 2017  
 \$45 from Jan 1-15  
 \$50 from Jan 16– Feb 1  
 \$55 from Feb 2-March 2  
 Day of event \$60

ADD a second NC event for only \$10.00 for early registraion  
 \$15 on Day of Event

Kid's Kilo \$5.00  
 5km Citizen's Snowshoe Run/Walk \$35.00  
 4 x 2.5km Snowshoe Team Relay \$40.00/Team

All registered national snowshoe championship entrants will receive a long sleeve shirt, entry into prize raffle, entry to Friday night Reception, Bennington Wide-Open, after Party & race entry. Citizens race registrants receive a long sleeve shirt (while supplies last), prize raffle, Friday Reception, Bennington Wide-Open, After Party and race entry.

**Sorry, No Refunds!**

### **Mail Entry Form with Entry Fees to:**

Tim Van Orden  
 US Natl Snowshoe Champs.  
 958 South Stream Rd.  
 Bennington, VT 05201

**Must be postmarked by March 2nd, 2018**

Make checks payable to:  
**Tim Van Orden**

## **2018 Dion Snowshoes Natl Snowshoe Champs. Entry Form** (This form may be duplicated)

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Male \_\_\_ Female \_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Adult T-Shirt Size: \_\_\_\_\_  
 Registration for; \_\_\_ Jr. 5km National Champ., \_\_\_ Sr. 10km National Champ., \_\_\_ Kid's Kilo,  
 \_\_\_ 5km Citizen's Snowshoe Run/Walk, \_\_\_ Half Marathon National Champ., \_\_\_ Marathon National Champ. or  
 \_\_\_ 4 x 2.5km. Snowshoe Team Relay. **Snowshoe Club/Team Affiliation:** \_\_\_\_\_

**Agreement, Waiver, Release and Acknowledgements:** In consideration of your accepting this entry, I hereby, for myself, my heirs, executors, and administrators, waive and release, any and all rights and claims for damages I might have against Prospect Mountain Ski Area, The U.S. Snowshoe Association Inc., Compassionate Competition LLC, Running Raw, Dion Snowshoes, Tim Van Orden, Steve Whitham, Bob Dion, The Western Mass. Athletic Club, Bennington Area Trail System (BATS), and any sponsors, coordinating groups, their subsidiaries, affiliated entities, and their respective members, member clubs, associations, sport disciplines and divisions, employees, directors, agents, volunteers, or any individuals associated with this event, their representatives, successors, licensees and assigns, and will hold them harmless for any and all injuries suffered in conjunction with this event, including, but not limited to, those which may be attributable to weather conditions, course conditions, falls, contact with other participants, equipment malfunction, all such risks being known and appreciated by me, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I know that running in a snowshoe event is a potentially hazardous activity. I attest that I am physically and medically able to compete in the race I have entered, and have been sufficiently trained for completion of the event.

Further, I hereby grant full permission to any and all of the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Legal guardian must sign if participant is under 18 yrs. of age: \_\_\_\_\_