



Fine Designs
IMPRINTED SPORTSWEAR

Welcome to the 20th Annual
**2020 Dion Snowshoes United States
National Snowshoe Championships**

Friday-Sunday Feb. 28th—March 1st, 2020
At Colorado Mountain College in Leadville, CO



Event Instructions & Race Rules



TSL SNOWSHOES



1. All bib numbers are to be worn clearly visible on the athletes front torso. Please **DO NOT** attach numbers to thighs, caps, hips, etc. **TORSO** only and clearly visible at all times. Per USSSA rule XXVI.
2. Course markings must be followed and all course marshals obeyed. Stay on course.
3. A water/aide station will be provided at the start/finish line. You may carry your own but **PLEASE DO NOT LITTER!**
4. If you carry anything onto the course, **PLEASE DO NOT LITTER!**
5. If you withdraw from any event, please notify a finish line official.
6. As per USSSA Rule 15, athletes must finish the race with **BOTH** snowshoes firmly attached to their feet. If you lose a 'shoe during the race, stop and put it back on before proceeding. Any athlete running with one or no snowshoes on for any portion of the course will be disqualified from the results.
7. If a trailing athlete yells "Yield" or "Track," it is the responsibility of the obstructing athlete to yield the trail as quickly as possible. It is the responsibility of the passing runner to complete the pass as quickly as possible, so the yielding athlete can return to the trail and their pace.
8. As per USSSA Rule 22B....an athlete may be disqualified if, in an officials opinion, they purposefully jostle, obstruct, bump or step on another athletes' snowshoe.
9. Athletes may compete on legal snowshoes only. If in doubt, check with the USSSA Sports Director to make certain the model you are racing on meets all USSSA size requirements.
10. Any athlete wishing to submit an appeal may do so in written or verbal form to the USSSA Sports Director within 30 minutes of the posting of the preliminary results. Appeals will be presided over by a Jury of Appeals designated at the event.
11. Dogs are not allowed on the race courses or in race events.
12. Athletes should not be wearing ear buds or head phones. Athletes need to be able to hear all announcements and course officials at all times.

It is the hope of the USSSA that by following these few simple rules and by demonstrating good sportsmanship, everyone will enjoy the weekend!



SHADY RAYS

