

The United States Snowshoe Association, Inc.

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USSSA Snowshoe Size Regulations

According to U.S. Snowshoe Association regulations, approved and adopted by the USSSA's Board of Regional Athletic Delegates (BORAD) during the summer of 2002, snowshoes worn in a USSSA sanctioned snowshoe event must be a non-prototype snowshoe designed for an adult that meets or exceeds 120 square inches of functional surface area AND can be no smaller than 7" wide by 20" long. That being said, and due to frequent inquiries as to which snowshoe models are legal and which are not, the following list of USSSA approved snowshoes has been compiled. The models listed below have been shown to meet or exceed the USSSA's minimum requirements. The fact that a particular snowshoe model is not listed here does not necessarily mean that it does not meet the USSSA's standards. It may simply mean that the USSSA has not yet determined whether the model does, or doesn't, meet the minimum size standards. **But, race directors of USSSA sanctioned events have the discretion to refuse participation or disqualify from the results of their event any athlete not competing in a 'legal' pair of snowshoes.**

- **It is the athlete's responsibility to make certain their equipment meets USSSA standards if they are participating in a USSSA sanctioned event.**
- **It is the race director's responsibility to enforce the USSSA regulations.**
- **It is the USSSA's responsibility to develop a uniform code of regulations that all USSSA events and event participants comply with in order to provide a fair and equitable arena of competition for all athletes regardless of size, gender or ability.**

Any questions regarding these regulations may be directed to any member of the USSSA's current BORAD (see www.snowshoeracing.com) or the USSSA Sports Director at snowshoeguy@yahoo.com.

Current List of "Legal" Racing Snowshoe models:

1. Atlas Dual-Tracs
2. Atlas Dual-Trac SL's (Super Lights)
3. Atlas Run 22
4. Atlas Race 22
5. Northern Lite Elites (yellow model)
6. Northern Lite Elite Racers (orange model)
7. Crescentmoon Permagrין 12's (8" x 24.75" model)
8. Crescentmoon Permagrין 12's (new 8" x 22" model)
9. Tubbs Catalysts
10. Kahtoola FLIGHTdeck Gemini
11. Kahtoola FLIGHTdeck Gypsy
12. Tubbs Criteriums
13. Tubb's 10k's
14. Tubbs Piranha
15. Redfeather Race – Model 25
16. Redfeather Stride – Model 25
17. Redfeather Alpine – Model 25
18. Redfeather Pace – Model 25
19. TSL 305 Step-In Racers
20. MS Sprint Snowshoes
21. Dion Snowshoes Model 121 Sprint
22. Dion Snowshoes Model 130
23. Dion Snowshoes Model 133
24. Dion Snowshoes Model 133B

Note: Other adult snowshoe models that measure **at least 8" x 21,"** would likely be legal for USSSA competition, for example, 8" x 24" and 8" x 25" models, and larger models, are all legal for USSSA competition. No adult snowshoe model with dimensions less than 7" x 21" has been found to meet the USSSA minimum size standard at this time.